



Welcome to our 2018 Summer Trip planner with all details of our Trekking and Climbing trips.

Each year we organise and lead many tailor-made courses and tours for private groups and individuals.

For more information visit mountaintracks.co.uk or call us on 020 81232978

Be sure to check the status of our listings using the information below.

Guaranteed – This trip is guaranteed to run with the minimum number of participants.

Places available – Places are still available on this trip; once the minimum number of bookings is made to ensure is viability it will be guaranteed to run.

Full – Sorry this trip is fully booked! Contact us if you would like to enquire about a tailored trip to the same destination.



FOR FULL DETAILS ON ANY OF THESE TRIPS AND COURSES
CONTACT SUSIE OR DAN ON 020 8123 2978 / info@mountaintracks.co.uk

Classic Haute Route Trek

The Summer Haute Route trail linking Chamonix in France with Zermatt in Switzerland, two of the principal alpine mountaineering centres is one of the world's great multi-day treks and is featured in National Geographic's top ten worldwide treks.

The route follows a well-defined hiking trail, ascending up into glacial terrain where you will be walking above the snowline. There is no technical climbing but you need to be physically well prepared for long days of high-level trail walking.

Introductory Level

£1595pp



<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 16 Jun	Mon 25 Jun	MTY400	Places Available
Sat 30 Jun	Mon 09 Jul	MTY401	Full
Sat 14 Jul	Mon 23 Jul	MTY402	Places Available
Sat 04 Aug	Mon 13 Aug	MTY403	Guaranteed
Sat 18 Aug	Mon 27 Aug	MTY404	Places Available
Sat 01 Sep	Mon 10 Sep	MTY405	Guaranteed



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Italian High Level Route

This wonderful glacier trek - aka the Matterhorn trek or the "Spaghetti Tour" - provides a high (mostly above 3000m) circumnavigation of the Monte Rosa massif and the Matterhorn, the Alps' most iconic mountain. It crosses some of the most spectacular glacial scenery on the Swiss Italian border.

Introductory Level

£1499

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 30th Jun	Sat 7th July	MTY437	Places Available
Sat 28th July	Sat 4th Aug	MTY438	Places Available
Sat 25th Aug	Sat 1st Sept	MTY439	Places Available

Bernese Oberland Trek

The Bernese Oberland is one of the Alps' most impressive ranges. This trek traverses the Bernese Oberland range from east to west on a wonderful high Alpine trail across glaciated terrain.

Introductory Level

£1499

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 14 Jul	Sat 21 Jul	MTY440	Places Available



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Grand Paradiso Summits

A superb trekking adventure in the Italian Alps. The highlight of the week is the ascent of Gran Paradiso, the highest mountain entirely within Italy.

Introductory Level

£1499

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 21 Jul	Sat 28 Jul	MTY441	Places Available
Sat 11 Aug	Sat 18 Aug	MTY442	Places Available

The Eiger Trek

The Eiger Trek will take you through stunning scenery and pass directly beneath the celebrated north face of the Eiger.

Introductory Level

£1499

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 1 Sep	Sat 8 Sep	MTY443	Places Available



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Climb Mont Blanc

At 4810m, Mont Blanc is the highest mountain in the Alps and in Western Europe. The ascent is a fantastic challenge, which creates a memory to last a lifetime. We have 20 years of experience on the mountain and our 6-day course gives you the highest chances of reaching the top. All of our Mont Blanc trips are expertly lead by our own team of IFMGA Mountain Guides.



Intermediate Level

£1995

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sun 10 Jun	Sun 17 Jun	MTY406	Places Available
Sun 17 Jun	Sun 24 Jun	MTY407	Guaranteed
Sun 15 Jul	Sun 22 Jul	MTY408	Guaranteed
Sun 22 Jul	Sun 29 Jul	MTY409	Guaranteed
Sun 05 Aug	Sun 12 Aug	MTY410	Places Available
Sun 19 Aug	Sun 26 Aug	MTY411	Guaranteed
Sun 02 Sep	Sun 09 Sep	MTY412	Guaranteed
Sun 09 Sep	Sun 16 Sep	MTY413	Places Available



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Alpine Skills Weekend – Snowdonia

If you are climbing in the Alps in the coming summer, it is a great idea to participate in one of our training and warm up weekends in Snowdonia. This is a good way to gain the necessary skills, increase fitness and enjoy some great climbing.

Beginner Level

£245

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Fri 25 May	Sun 27 May	MTY444	Places Available
Fri 22 Jun	Sun 24 Jun	MTY445	Places Available
Fri 31 Aug	Sun 2 Sep	MTY446	Places Available

Bocchette Way – Via Ferrata

The use of ledges as routes for non-climbers to journey through the mountains goes back to the 1930s when groups of local climbers and enthusiasts first started to install the ladders, rails, bridges and ropes thus creating a path through the needles, spires and gorges through these wonderful mountains.

Beginner Level

£1350

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 21 Jul	Sat 28 Jul	MTY431	Places Available
Sat 11 Aug	Sat 18 Aug	MTY432	Places Available
Sat 08 Sep	Sat 15 Sep	MTY433	Places Available



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Expedition Training and Glacier Travel Weekend

This 2-day course is ideal for anyone about to embark on their first high altitude trek or expedition, or for those who want a refresher in skills they maybe do not get a chance to use very often.

Beginner Level

£595

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Fri 7 Sep	Sun 9 Sep	MTY457	Places Available
Fri 21 Sep	Sun 23 Sep	MTY458	Places Available
Fri 5 Oct	Sun 7 Oct	MTY459	Places Available

Alpine Introduction & Gran Paradiso

This Chamonix based course teaches the skills necessary for safe ascents of lower grade peaks, the course is designed for walkers and mountaineers seeking high-quality instruction for their first season in the Alps.

Beginner Level

£1695

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 16 Jun	Sat 23 Jun	MTY447	Places Available
Sat 23 Jun	Sat 30 Jun	MTY448	Places Available
Sat 7 Jul	Sat 14 Jul	MTY449	Places Available
Sat 28 Jul	Sat 4 Aug	MTY450	Places Available
Sat 8 Sep	Sat 15 Sep	MTY451	Places Available



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Monterosa Climber

This is a long climb with an exciting mixed ridge to finish, a little harder technically than Mont Blanc and far less crowded. The summit of Monte Rosa is an achievable for fit and adventurous hill-walkers looking for a new challenge.

Intermediate Level

£1999

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 30 Jun	Sat 07 Jul	MTY414	Guaranteed
Sat 14 Jul	Sat 21 Jul	MTY415	Places Available
Sat 04 Aug	Sat 11 Aug	MTY416	Places Available
Sat 18 Aug	Sat 25 Aug	MTY417	Guaranteed
Sat 01 Sep	Sat 08 Sep	MTY418	Places Available

Monterosa 4000ers

If you have climbed Mont Blanc or the Monterosa before but maybe feel the Matterhorn is a bit of a stretch then this trip is for you.

Advanced Level

£2275

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 07 Jul	Sat 14 Jul	MTY419	Places Available
Sat 21 Jul	Sat 28 Jul	MTY420	Places Available
Sat 11 Aug	Sat 18 Aug	MTY421	Places Available
Sat 25 Aug	Sat 01 Sep	MTY422	Places Available



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Saas 4000ers

The Saas region has the greatest concentration of 4000m peaks in the Alps and is one of the very best centres for classic mountaineering. The Saas and Michabelle region is one of the most 'picture perfect' areas of Switzerland and provides a perfect base to climb high independent summits without great technical difficulty. The course is based in the charming small town of Saas Grund, which is east of its famous neighbour Zermatt.

Intermediate Level

£1745

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 23 Jun	Sat 30 Jun	MTY452	Places Available
Sat 14 Jul	Sat 21 Jul	MTY453	Places Available
Sat 4 Aug	Sat 11 Aug	MTY454	Places Available

Oberland 4000ers

There are nine 4000m peaks here and these peaks offer a choice of remote and spectacular routes. Home to the Eiger, the Bernese Oberland range of central Switzerland is one of the highest and most extensive massifs in the Alps.

Intermediate Level

£2195

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 21st Jul	Sat 28th Jul	MTY455	Places Available
Sat 11th Aug	Sat 18th Aug	MTY456	Places Available



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Eiger & Matterhorn UK Training Weekend

If you are planning to climb the Matterhorn or The Eiger in the coming summer, it is a great idea to participate in one of our training and warm up weekends in Snowdonia. This is a great way to hone the necessary skills, increase fitness and enjoy some great climbing.

Intermediate Level

£345

Start Date	End Date	Trip Reference Number	Availability
Sat 5 May	Sun 6 May	MTY434	Places Available
Sat 26 May	Sun 27 May	MTY435	Limited Places Available
Sat 16 Jun	Sun 17 June	MTY436	Places Available

Matterhorn Climber

The Matterhorn is the world's most iconic peak and needs little introduction. The summit stands at 4,478m and its perfect shape dominates the skyline. Climbing the Matterhorn is on the 'must do' list of both aspiring and experienced mountaineers alike.

Advanced Level

£2895

Start Date	End Date	Trip Reference Number	Availability
Sat 07 Jul	Sat 14 Jul	MTY423	Places Available
Sat 21 Jul	Sat 28 Jul	MTY424	Guaranteed
Sat 04 Aug	Sat 11 Aug	MTY425	Places Available
Sat 18 Aug	Sat 25 Aug	MTY426	Guaranteed
Sat 01 Sep	Sat 08 Sep	MTY427	Places Available



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Eiger Climber

An ascent of this legendary peak by the Mittellegi Ridge or the South Ridge is one of the finest expeditions of its standard in the Alps and is on the list of every aspiring alpinist. Our tried and tested program managed by our own IFMGA guides gives you the highest chances of success.

Advanced Level

£2895

<i>Start Date</i>	<i>End Date</i>	<i>Trip Reference Number</i>	<i>Availability</i>
Sat 07 Jul	Sat 14 Jul	MTY428	Guaranteed
Sat 11 Aug	Sat 18 Aug	MTY429	Places Available
Sat 01 Sep	Sat 08 Sep	MTY430	Places Available

